

# **PSYCHOLOGIST/ PSYCHIATRIST**

## **DIRECT EXAMINATION OUTLINE-COMPETENT ADULT**

- I. BACKGROUND/EDUCATION
- II. INITIAL CONTACT WITH CLIENT
  - a. When?
  - b. Circumstances (how treatment initiated?)
  - c. First impression:
    - i. Emotional condition?
    - ii. Behavioral condition?
- III. INVESTIGATION/EVALUATION
  - a. Number of sessions
  - b. Weeks of sessions
  - c. Methods of investigation/analysis
    - i. Family psychological history
    - ii. Personal history
    - iii. Medical reports
    - iv. Police reports
    - v. Home study
    - vi. Interviews with significant family members
    - vii. Previous treatment reports
      - 1. D.H.R.
      - 2. Therapist
      - 3. Psychologist
      - 4. Physician
  - d. Methods of evaluation
    - i. Group counseling
    - ii. Individual counseling
    - iii. Marital counseling
    - iv. Family counseling
    - v. Psychological testing
      - 1. Bender Visual-Motor Gestalt
      - 2. Benton Visual Retention
      - 3. Draw a person
      - 4. Draw a family
      - 5. House-tree
      - 6. Michigan Picture Stories
      - 7. MMPI
      - 8. Otis Quick Scoring Mental Abilities
      - 9. Rorschach
      - 10. Stanford-Binet

11. Thematic Apperception Test
12. Vineland Social Maturity Scale
13. Wechsler Adult Intelligence
14. \_\_\_\_\_

IV. CLIENT/PATIENT PROBLEM AREAS?

- |               |                              |
|---------------|------------------------------|
| Aggression?   | Alcoholism? Drug dependence? |
| Obsession?    | Impulse control?             |
| Sexuality?    | Marital relationship?        |
| Anxiety?      | Family relationships?        |
| Depression?   | Step-daughter relationship?  |
| Self concept? | Peer relationships?          |

V. IMPRESSIONS:

- a. Precipitating factors or events
- b. Description of problem
- c. Symptoms --family dynamics
- d. Duration
- e. Treatable?
- f. Medical/physiological assessment
- g. Psychological assessment

VI. PATIENT ASSETS:

- a. Motivated
- b. Verbal
- c. Intelligent
- d. Recognizes problem
- e. Remorse
- f. Ability to respond to treatment
- g. Positive attitude toward treatment
- h. No physical or mental abnormalities
- i. Not fixated pedophile
- j. No history of drug or alcohol abuse or dependence
- k. Other areas of life are working
- l. Good family/emotional/social support system
  - i. Nuclear family functional
  - ii. Extended family in area
- m. Does not blame child

VII. SHORT RANGE GOALS

- a. Goals
- b. Steps to accomplish goals

VIII. LONG RANGE GOALS

- a. Goals
- b. Steps to accomplish goals

- IX. TREATMENT PLAN
  - a. Resources
  - b. Frequency
  - c. Affordability
  - d. Recommendation to court
    - i. Probation
    - ii. Prison